



Dear Colleague,

## **‘East of England Spondyloarthritis Academy’**

### ***Event 1: Presentation of SpA & Care Pathways***

on Thursday 14 September 2017, at the British Racing School (Newmarket)

We are delighted to invite you to the inaugural meeting of the ‘East of England Spondyloarthritis Academy’.

The purpose of the Academy is to raise clinical and research interest in spondyloarthritis (SpA) throughout the East of England, with an ultimate aim of improving standards of care. Over the course of a year, we will host 4 all-day events; September 2017, December 2017, March 2018 and June 2018. The curriculum will include epidemiology, disease presentation and classification, clinical examination, investigation, non-pharmacological and pharmacological management, and service delivery. This will be delivered via key note presentations, workshops and clinical skills demonstrations. We hope that the SpA Academy will serve as a platform for multi-disciplinary team networking, and wish to include rheumatologists, clinical and research nurses, physiotherapists, occupational therapists, pharmacists, orthotists, dieticians, psychologists, podiatrists, orthopedic surgeons and general practitioners.

Find enclosed the programme for the first event. We have applied for CPD credits from the Royal College of Physicians.

The SpA Academy is funded by unrestricted educational grants from industry sponsors. The content of these meetings has been independently directed by us, and is not promotional in any way.

Please register for the event by emailing [tracey.jarvis@addenbrookes.nhs.uk](mailto:tracey.jarvis@addenbrookes.nhs.uk)

We look forward to welcoming you to the SpA Academy and hope that you find it to be an exciting educational initiative.

**Dr Deepak Jadon**  
*Consultant Rheumatologist*  
*Addenbrooke’s Hospital, Cambridge*



**Dr Karl Gaffney**  
*Consultant Rheumatologist*  
*Norfolk & Norwich University Hospital, Norwich*





Programme for

Event 1: Presentation of SpA & Care Pathways

Thursday 14<sup>th</sup> September 2017

at **The British Racing School, Newmarket, Suffolk, CB8 7NU**

<b>09:30h</b> Registration & Coffee	
<b>10:00h</b>	Welcome & introductions <i>Dr Karl Gaffney &amp; Dr Deepak Jadon</i>
<b>10:15h</b>	Historical aspects of spondyloarthritis (SpA) & classification criteria <i>Dr Louise Hamilton</i> <i>(Consultant Rheumatologist, Norfolk &amp; Norwich Hospital)</i>
<b>11:00h</b>	Presentation of psoriatic arthritis (PsA) <i>Dr Deepak Jadon</i> <i>(Consultant Rheumatologist, Addenbrooke's Hospital)</i>
<b>11:45h</b>	Presentation of axial SpA <i>Dr Karl Gaffney</i> <i>(Consultant Rheumatologist, Norfolk &amp; Norwich Hospital)</i>
<b>12:30h</b> Lunch	
<b>13:15h</b>	Raising awareness of SpA in the community & streamlining referral pathways <i>(Dr Karl Gaffney)</i>
<b>13:30h</b>	Commissioning of SpA & related services in East of England <i>Dr Nicholas Shenker</i> <i>(Consultant Rheumatologist &amp; Clinical Lead, Addenbrooke's Hospital)</i>
<b>14:00h</b>	Workshops (to discuss local SpA services & strategies for the future) Group 1 mentors: <i>Drs Deepak Jadon &amp; Nicholas Shenker</i> Group 2 mentors: <i>Drs Karl Gaffney &amp; Louise Hamilton</i>
<b>15:15h</b> Coffee	
<b>15:30h</b>	Workshop feedback to the group
<b>15:45h</b>	Impact of disease & strategies to improve quality of care for AxSpA <i>(Debbie Cook from NASS; National Ankylosing Spondylitis Society)</i>
<b>16:10h</b>	Q&A session to the faculty
<b>16.30</b> Close	





**SAVE THE DATE**

**The East of England Spondyloarthritis Academy**

Inaugural Meeting :

***Epidemiology of SpA & Establishing a service***

Hosted by



**Dr Karl Gaffney**

***Consultant Rheumatologist & Research Lead, Norwich  
Honorary Reader, Norwich Medical School***

**&**



**Dr Deepak Jadon**

***Consultant Rheumatologist, Director of the Rheumatology Research Unit &  
Lead for PsA***

***Addenbrooke's Hospital, Cambridge University Hospitals NHSFT***

at **the British Racing School, Newmarket, Suffolk, CB8 7NU**

on **Thursday 14<sup>th</sup> September 2017, 0930h-1630h**

Please register (free) for the event by email to: [tracey.jarvis@addenbrookes.nhs.uk](mailto:tracey.jarvis@addenbrookes.nhs.uk)

CPD has been applied for from The Royal College of Physicians

*The SpA Academy is funded by unrestricted educational grants from the following sponsors:*

*Platinum sponsor: Novartis; Silver sponsors: Biogen, Celgene and Janssen; Bronze sponsor: Abbvie.*

*The content of this meeting has been independently directed by Dr Deepak Jadon & Dr Karl Gaffney, and is not promotional"*

