



# Calling parents of children with psoriasis/eczema

## Understanding psychological wellbeing in childhood skin conditions



Does your child have psoriasis or eczema?

We are looking for children with psoriasis or eczema (aged 4-17 years old), and their parents, to complete an online survey about their experiences.

Each participant will be entered into a prize draw for the chance to win one of four £50 Amazon vouchers.

Follow the link below to find out more:

<http://bit.ly/skinandwellbeing>

For more information, contact: Connor Heapy (c.heapy@sheffield.ac.uk)

We are a group of researchers, based at The University of Sheffield (U.K), and we would like to invite you to take part in some psychosocial research.

There is scientific evidence to suggest that children with skin conditions, and their parents, can experience stress; however, many people cope well.

We are looking to investigate factors that contribute to wellbeing, by finding out how stress and anxiety are related to various types of mindfulness. Parents naturally vary in how mindful they are in their interactions with their children and we want to investigate the relationship between this, and stress, with a view to developing support for parents and children living with skin conditions.

If you are interested in taking part in this research, we would like to invite you to complete an online questionnaire.

As we are keen to involve both adults and young people in our research we would also like your child to complete a linked online questionnaire. Your participation would be greatly appreciated and will be invaluable in increasing our understanding of wellbeing in childhood skin conditions.

Everybody who completes the questionnaire will also be entered into a prize draw to win one of four £50 Amazon vouchers.

For more information, please go to: <http://bit.ly/skinandwellbeing>

If you would like further information about the study after visiting the above link then please do contact us at the email address below.

**Kind Regards**

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